

GOOD NEIGHBOURS ACTIVE LIVING CENTRE INC.

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AGENDA & ANNUAL REPORTS FOR THE 25th ANNUAL GENERAL MEETING

Wednesday, June 20, 2018 at 11:00 a.m.

“Good Neighbours Active Living Centre Inc. provides programs, services and opportunities for social interaction that enhance the quality of life for individuals aged 55 and older.”

2017 – 2018 Board of Directors



1st Row Left to Right: Warren Whittaker, Jan Stuyck, Mona Hunt, Ingrid Jarowec, Pat Cassie, Bill de Jong, John Feldsted

2nd Row Left to Right: Julie Legault, Ron Wally, Jeannette Golletz, Richard Sawchuk

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2017 – 2018 EXECUTIVE

President: **Bill de Jong** 1st Vice President: **Ingrid Jarowec**
2nd Vice President: **Mona Hunt** Treasurer: **Jeannette Golletz**
Secretary: **Pat Cassie**

2017 – 2018 DIRECTORS

John Feldsted **Julie Legault**
Richard Sawchuk **Jan Stuyck**
Ron Wally **Warren Whittaker**

2017 – 2018 COMMITTEE CHAIRS

| | |
|--------------------------------------|---------------------------------------|
| Accreditation | Ingrid Jarowec |
| Corporate Donations | Susan Sader |
| Finance | Jeannette Golletz |
| Fundraising | Ron Wally |
| Fundraising Dinner | Sheila de Jong & Mona Hunt |
| Board Development | Pat Cassie |
| Human Resources | Bill de Jong |
| Program | Jessica Veitch |
| Outreach/ Public Relations | Jessica Veitch |
| Planned Giving | Cecelia Stanley |
| Risk Management | Susan Sader |
| River East - Seniors Resource Finder | Noreen Kohlman |
| Silver Anniversary Committee | Kay Thomson |
| Volunteer Advisory Committee | Anne-Marie Dyck |

A special thank you to all those who served as committee chairs throughout 2017-18.

2017 – 2018 STAFF

| | |
|-----------------------------------|------------------------------------|
| Executive Director: | Susan Sader |
| Program Coordinator: | Jessica Veitch |
| Volunteer Program Coordinator: | Anne-Marie Dyck |
| Outreach Coordinator: | Julie Kertesz |
| Supports to Seniors Coordinators: | Megan Wallace, Rachel Elias |
| Home Maintenance Coordinator: | Rachel Elias |
| Business Manager: | Vanessa Hodgson |

GOOD NEIGHBOURS ACTIVE LIVING CENTRE INC.

25th ANNUAL GENERAL MEETING WEDNESDAY, JUNE 20, 2018 AGENDA

1. Welcome
2. Call to Order
3. Citation Awards & Presentation of Honorary Life Memberships
- **Cathy Cox**, MLA River East
4. Rules of the Meeting
5. Adoption of Agenda
6. In Memoriam- Moment of Silence
7. Minutes of the Annual General Meeting- June 21, 2017
8. President's Report
9. Executive Director's Report
10. Human Resource Committee Report
11. Finance Report
12. Auditor's Report - Scarrow & Donald
13. Motion to Appoint Auditor (2018-2019 Fiscal Year)
14. Budget Approval (2018-2019 Fiscal Year)
15. Motion re: Action Taken by Directors and Officers of the Corporation
16. Board Development Committee Report and Election of Officers
17. New Business – By-Laws – Article III - Mission Statement
18. Adjournment

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Good Neighbours Active Living Centre Inc. Annual General Meeting Minutes Wednesday, June 21, 2017 At 720 Henderson Hwy

1. Bill de Jong, President, welcomed 50 voting members, invited guests and staff to the 24th annual general meeting.
2. Call to Order
Bill de Jong, President, called the meeting to order at 11:03 a. m.
 - a. Quorum was declared.
 - b. Parliamentary Authority for conducting this meeting was governed by Roberts Rules of Order, 11th Edition.
 - c. Maureen Zachary and Ingrid Jarowec were the designated scrutineers.
3. Citation to retiring Directors and Awards of Honorary Life Memberships
 - Dave Schellenberg, Chair of the Manitoba Council on Aging, presented a citation to Shirley Godfrey, thanking her for her outstanding service on the Board.
 - Dave Schellenberg presented a citation to Don King, thanking him for his outstanding service on the Board.
 - Dave Schellenberg presented honorary life membership to Kay Thomson.
4. Rules of the Meeting

Notice of the Annual General Meeting was given in writing to each member, each Director, and the Auditor(s) of the Corporation. Only members of the Corporation were allowed to cast their vote. Unless otherwise indicated, a simple majority was required for the approval of motions. The Annual General Meeting for the members of Good Neighbours Active Living Centre Inc. was being held in

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accordance with Section 127 of the Corporation Act of Manitoba and the Corporation By-Law Article VI.

5. Adoption of Agenda

Motion by: Mona Hunt

Seconder: From the membership.

That: The agenda be adopted.

No Discussion

Voted

Result: Carried.

6. In Memoriam- Moment of Silence

Shirley Godfrey read out the names of the members who have passed on during the period from June 16, 2016 to June 20, 2017. A minute of silence was observed.

7. Approval of Minutes

The past Annual General Meeting minutes from Wednesday, June 15, 2016 were announced to have been circulated. No corrections were made. Minutes were accepted as circulated.

8. Presidents' Report

Bill de Jong read the President's Report. (Included in Annual Report)

9. Executive Director's Report

Susan Sader read the Executive Director's Report. (Included in Annual Report)

10. Human Resources Committee Report

Bill de Jong read the Human Resources/Personnel Committee Report. (Included in Annual Report)

11. Finance Committee Report

Jeannette Golletz read the Finance Committee Report (Included in Annual Report).

12. Auditor's Report

Audited financial statements for the fiscal year April 1, 2016 - March 31, 2017 were presented by Dean Austin of the auditing firm of Scarrow and Donald LLP Chartered Professional Accountants.

Motion by: Jeannette Golletz

Seconder: From the membership

That: The auditor's financial statements be approved for the fiscal year April 1, 2016 to March 31, 2017.

No discussion.

Voted

Result: Carried.

13. Motion to appoint auditor

Motioned by: Jeannette Golletz

Seconder: From the membership.

That: The appointment of Scarrow & Donald as the auditor for the fiscal year April 1, 2017 to

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March 31, 2018 for Good Neighbours Active Living Centre Inc.

No Discussion

Voted

Result: Carried.

14. Budget approval

The budget for the April 1, 2017 to March 31, 2018 fiscal year was presented by Jeannette Golletz. (Budget included in the Annual Report.)

Motioned by: Jeanette Golletz

Secunder: From the membership

That: The budget for the fiscal year, April 1, 2017 – March 31, 2018 be approved.

No Discussion

Voted

Result: Carried.

15. Motion regarding action by Directors and Officers of the Corporation

Motioned by: Mona Hunt

Secunder: From the membership

That: all acts, contracts, by-laws, proceedings, appointments, elections and payments enacted, made, done, and taken by the Directors and Officers of the Corporation since the date of the last Annual General Meeting for Good Neighbours Active Living Centre Inc., be approved, sanctioned and confirmed.

No Discussion

Voted

Result: Carried.

16. Board Development Committee Report and Election of Officers

Don King presented Board Development Committee Report and the nomination slate for the election of officers for 2017 to 2018. (Included in Annual Report)

Retiring Directors: Shirley Godfrey (Secretary) will be completing her first, two-year term in June of 2017 and Don King (Past-President) will be retiring effective June 21, 2017.

Motioned by: Board Development Committee

No Secunder Required

That: The following individuals be nominated for election to the stated positions:

- Ingrid Jarowec – Second two-year term as First Vice President.
- Mona Hunt – Second, two-year term as Second Vice President.
- Patricia Cassie (formerly Director)– First, two-year term as Secretary.
- Warren Whittaker – Third, two-year term as Director.

No Discussion and no further nomination from the floor.

Voted

Result: Carried.

Don King on behalf of the Board Development Committee introduced and read the bio for the following individual: Julie Legault.

Motioned by: Board Development Committee

No Secunder Required.

That: The following person be nominated for election:

- Julie Legault - First, two-year term as Director

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No Discussion and no further nomination from the floor.

Voted

Result: Carried.

Let it be known that the Board of Directors for Good Neighbours Active Living Centre for 2017-2018 is as follows:

Bill de Jong (President)

Ingrid Jarowec (First Vice President)

Mona Hunt (Second Vice President)

Jeannette Golletz (Treasurer)

Patricia Cassie (Secretary)

John Feldsted (Director)

Julie Legault (Director)

Richard Sawchuk (Director)

Jan Stuyck (Director)

Ron Wally (Director)

Warren Whittaker (Director)

17. New Business

No New Business.

18. Other Business

John Feldsted presented on what Good Neighbours Active Living Centre is, it's history and growth, and commended the staff and volunteers for all their hard work over the past year.

19. Adjournment

Bill de Jong thanked everyone for their attendance and participation.

Motioned by: Warren Whittaker

No Secunder required.

That: The 24th Annual General Meeting for Good Neighbours Active Living Centre Inc. be adjourned.

No Discussion.

Voted

Result: Carried. Meeting adjourned at 12:15 pm.



Pat Cassie, Secretary
GNALC Board of Directors

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PRESIDENT'S REPORT

In 2018 we are observing our 25th anniversary. We celebrate the fact that those volunteers before us started something that turned out to be a wonderful idea – “A Place to Go and a Place to Grow”. Thanks to Kay Thomson and her Silver Anniversary Committee. We have enjoyed a number of great events to date with more to come thought the year. Thank you, Kay.

As at year end I am pleased to report that we once again enjoyed great success here at Good Neighbours. Membership is up, programming is up and finances are in great shape – speaking of which, I am delighted to advise you of a major achievement. Not since moving into our present home at 720 Henderson Highway in 2009 have we been able to meet the financial position described under our constitutional requirements. We now do. I would like to recognize the diligence of our Treasurer, her Finance Committee, our board and staff for their outstanding commitment in meeting this goal.

As for our membership and programming success, credit goes directly to our staff and our great army of volunteers. My thanks go out to each and every one of you.

I would be remiss if I did not mention our Facility Working Group Committee Members. They continue to work diligently in their efforts to consolidate our place in our current home.

Come this fall, we await with great anticipation the launch of our new I.T. system. Our Business Manager and her committee have been working feverishly to get this underway. It's a difficult process but we all have our fingers crossed. It will be a big milestone for our organization.

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I would like to publicly thank our Board of Directors, our professional staff and those 250 volunteers who freely give of their time and efforts in making Good Neighbours a great place to go and a great place to grow.

Respectfully submitted,

Bill de Jong

President

EXECUTIVE DIRECTOR'S REPORT

Good Neighbours Active Living Centre (GNALC) has had another busy and successful year. Our centre continues to be a leader in active living centres for those 55+ in our province, with an average membership of 1175. This report, based on the previous fiscal year (April 1, 2017 – March 31, 2018), will highlight key initiatives and events.

We have been working on year three of GNALC's strategic plan. One of the priorities identified in the plan is to "Reduce Social Isolation". Work was done on developing a new brochure which includes information on GNALC, the River East Seniors Resource Finder and the Healthy Aging Resource Team. These brochures will be delivered by hand to several targeted areas in River East. A brochure on the topic of social isolation has also been delivered, and will be made available at the centre. This brochure contains information on the effects of social isolation and loneliness, and ways for individuals to reduce/address social isolation. GNALC has also developed a survey that will be given to new members to determine if their participation at our centre has reduced feelings of loneliness and/or isolation.

Another priority identified in the strategic plan is "Effective Technology in Place". To this end, GNALC continues to develop and implement a new computerized customer management system. This initiative will streamline our operations, and significantly impact the amount of work it takes in our current pencil and paper, multiple data base system. Once implemented, members will have the option to register for programs online, as well as take out and renew memberships. We will continue to register members at the front desk as well, for those who are more comfortable with this method. Several factors have slowed down the progress on this initiative, but we continue to diligently work on ensuring new system is up and running soon.

A third priority identified was "Improved Transportation". A feasibility study was done to determine if GNALC should invest in a bus. Some of the identified issues with getting a bus are parking and costs of upkeep. Though the idea of purchasing of a bus is not completely off the table, it has been identified that having a resource of all of our transportation options needs to be developed, and work has started on this. We are also still exploring possibilities around 'borrowing' a bus. The GNALC van that was donated by Manitoba Public Insurance last year is being used well, primarily by our Outreach Coordinator and the River East Seniors Resource Finder.

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A fourth priority identified was “Expanded Funding Sources”. Finding funds for day-to-day operations remains a challenge, as most funders/foundations/corporate donors prefer to provide funds for special projects or initiatives. We did however, have some success with grants and donations. Over the past year, we received a \$5000 grant from Manitoba Community Services Council to go towards expenses for the customer management system (computer and printer for the front desk including set up and networking, and additional staff time), equipment for our fitness classes, and a portable desk. We also received a \$1000 grant from Youth in Philanthropy to go towards men’s programming, and a one-time grant from the United Way in the amount of \$2700 to use for operations. Through Spark, a program that connects non-profits to volunteers with a particular skill set, a new fundraising brochure is in the works. This brochure will be used to approach corporations for donations.

A fifth priority was “Relevant Program Growth”. You can read about the work done on this priority in the Program Report on page 8?

As I said, this past year has been a very busy one. This is also evident in our statistics. In the 2017/18 fiscal year, GNALC had:

- Individual contacts – 19,238 (increase of 2.3%)
- Group sessions – 2494 (increase of 5.5%)

- Group participants – 33,740 (increase of 5.5%)
- Volunteer Hours – 19,247.5 (increase of 7.5%)
- Average Membership – 1175 (increase of 1%)

I would like to thank our funders, whose support is vital to the success of our centre, and is greatly appreciated. Thank you to:

- Winnipeg Regional Health Authority - provide some operational funding to Good Neighbours, and provide funding to administer the Supports to Seniors Program, and the River East – Seniors Resource Finder and its two congregate meal programs.
- Manitoba Seniors and Healthy Aging Branch - provide funding to administer the Home Maintenance Program, Prevent Elder Abuse Manitoba, and World Elder Abuse Awareness Day.
- United Way of Winnipeg – provide funding to administer the Outreach in Elmwood Program.

I would encourage you to read the project reports in the Annual Report. They have all had many successes over the past year, and have significantly impacted the lives of older adults in our community.

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Our success in the community is in large part due to the wonderful staff team at Good Neighbours. It is a privilege to work with such a dedicated, enthusiastic and supportive team. I would also like to thank the Board of Directors for their commitment, guidance and support. Their dedication and caring about the work of Good Neighbours inspires me every day.

Respectfully submitted,
Susan Sader

HUMAN REOURCES COMMITTEE

Committee members: Bill de Jong (chair), Cathy Phillipson, Joyce McGee, Mona Hunt, Richard Sawchuk, Sheila de Jong, Shirley Godfrey, Susan Sader (staff) and Vanessa Hodgson (staff)

After last year's redevelopment of our Employee Policy Manual, this year's concerns have been a good housekeeping operation; updating employment regulations, job descriptions and conducting time studies to assure our Committee that the time and effort of our major staff members are in line with the needs of Good Neighbours direct and administrative needs. It is a worthwhile study for all concerned.

At present, we are exploring the redevelopment of our work spaces to more adequately meet our future needs.

At this time, I would like to thank our committee members for their care and attention to this most important facet of our Good Neighbour's operation: Mona Hunt, Shirley Godfrey, Cathy Phillipson, Joyce McGee, Sheila de Jong, Richard Sawchuk and our staff members Susan Sader and Vanessa Hodgson.

Respectfully submitted,
Bill de Jong
Chair, Human Resources Committee

FINANCE COMMITTEE MEMBERS

Committee Members: Jeannette Golletz (Chair/Treasurer), Bill de Jong, Bruce Wagg, Olga Hazelwood, Ron Wally, Susan Sader (staff), Vanessa Hodgson (staff)

The purpose of the Finance committee is:

- to monitor GNALC's financial situation
- to prepare and implement the annual budget
- to oversee reporting from the Fundraising and the Planned Giving Committees

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The committee reviews financial reports on both Good Neighbours Active Living Centre (GNALC) operations and on projects administered by GNALC. The major projects we administer for a fee are:

- River East Seniors Resource Finder
- Supports to Seniors in Group Living
- Elmwood Outreach Program
- City-Wide Home Maintenance
- Prevent Elder Abuse Manitoba
- Good Neighbours Choristers

GNALC continues to be financially sound and to operate in an efficient and effective manner. We have been successful in raising the 85% of our operating budget that is not covered by grants. To help with sourcing grants, we have subscribed, again, to the Imagine Canada Grant Connect program. This program has information on possible sources of money for non-profit organizations.

Fundraising Committee

Committee Members: Ron Wally (Chair), Bruce Wagg, Cecelia Stanley, Don King, Dan Sitar, John Feldsted, Mona Hunt, Sheila de Jong, Warren Whittaker, Anne-Marie Dyck (staff)

The Fundraising Committee has worked very hard this year. They organized 13 successful events which included three teas, the fashion show, the craft sale, selling hot dogs during July and August, and selling

Grey Cup and wine raffle tickets. This was in addition to the funds raised through Hob Nobs, the Bookstore and the 50/50 draws. These successful events resulted in the committee achieving their 2017-18 budget.

Planned Giving Committee

Committee Members: Cecelia Stanley (Chair), Bruce Wagg, Ingrid Jarowec, Jeannette Golletz, Ron Wally, Susan Sader (staff), Vanessa Hodgson (staff)

This committee established the Good Neighbours Active Living Centre Endowment Fund in 2014 to ensure that Good Neighbours can provide programs, services and opportunities well into the future.

Our focus this year was to establish a recognition program for all donations made to Good Neighbours. This included donations made by individuals, corporations and sponsors to all of our activities and not just to the Endowment Fund. The recognition program was established to ensure consistency in how people are recognized for their donations.

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This year we launched a special campaign for our Endowment Fund. We have asked all members to donate \$25 in honour of our 25th anniversary. Our hope is to raise \$25,000 and as of the end of March, we have received \$9710. At the end of our 2017-18 fiscal year, the balance in our Endowment Fund was \$69,097 which is an increase of \$11,360 from last year end.

It has been another busy year for us and I would like to thank all the committee members for their time and valuable input. I would especially like to thank our Executive Director, Susan Sader and our Business Manager, Vanessa Hodgson for their support throughout the year.

Respectfully submitted,

Jeannette Golletz

Treasurer /Chairperson, Finance Committee

BOARD DEVELOPMENT COMMITTEE

Committee Members: Pat Cassie (Chair), Barb Gemmell, Jeannette Golletz, Julie Legault, Terry Edgeworth, and Anne-Marie Dyck (staff)

The terms of reference have been our guide and state that the purpose is to ensure effective governance and leadership through succession planning and development of Board Members.

The committee met nine times beginning in April 2017 through to March 2018 and were involved with the following:

Board Members in an Ambassador Role - Was presented to stress the importance of connecting with the community. Board members were asked to wear their board pins at social and special functions to encourage members to engage in conversation about GNALC.

Board Evaluation - Board Members completed their yearly Board Performance Evaluation 2017-2018. Barb Gemmell, Consultant, reviewed the anonymous responses and conducted a presentation of the results which were a higher level of approval rating compared to last year. This report allows the Board Development Committee to address actions to improve our efficiency and effectiveness on the Board.

Honorary Life Memberships - The AGM 2017 awarded Kay Thomson an Honorary Life Membership for her exemplary leadership roles for at least ten years of meritorious service to GNALC.

Governance 101 - Presented September 2017 by Barb Gemmell, as a review for Board Members to be aware of their commitment and responsibilities in governance at GNALC.

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Years of Service Awards Protocol – Regarding length of service awards for long term staff. A policy was developed with protocol from other organizations, and has been forwarded to the Human Resources Committee.

Succession Planning - As in past years, a Board Director Nomination poster and form for suggested skills and requirements was posted on the GNALC website, in the newsletter, and at the centre. A presentation on Board Recruitment was given to Board members to improve diversity and skill gaps. GNALC received four nominations for two Board Director positions.

The slate for Officers/Directors of Good Neighbours Active Living Centre (GNALC) for the fiscal year 2018-2019 is as follows:

Ron Wally has completed his third 2 year term.

Warren Whittaker has resigned from Board after completing third 1st year term.

Present Slate:

Ingrid Jarowec (1st Vice) completing 2nd 2 year term 1st Vice President.

Mona Hunt (2ndVice) completing 2nd 2 year term as 2nd Vice President

Pat Cassie (Secretary) completing 1st 2 year term as Secretary.

Julie Legault (Director) completing 1st @ year term as Director.

Nomination Slate:

Bill de Jong (President) third 2 year term as President.

Jeannette Golletz (Treasurer) second 2 year term as (Treasurer).

John Feldsted (Director) second 2 year term as Director.

Richard Sawchuk (Director) third 2 year term as Director.

Jan Stuyck (Director) third 2 year term as Director.

Candidates nominated to the Board this year are:

Terry Edgeworth to be nominated for a first 2 year term as Director.

Cecelia Stanley to be nominated for a first 2 year term as Director.

Board Biographies:

Cecelia Stanley has had several careers, from working in an office at entry level positions to training people to work in office careers. She has helped over 200 individuals find fulfilling and monetarily rewarding employment. In addition, Cecelia has been able to help hundreds of individuals sort out the magic workings of computers. She has taught computer literacy since 1980, and retired from teaching in 2012. Cecelia continues to make computers and software more accessible to everyone.

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In the 1990'S, Cecelia became a volunteer in several organizations. She has held a variety of volunteer positions including counselor, instructor, computer trainer, and a computer operator. Currently, she volunteers almost exclusively at Good Neighbours Active Living Centre (GNALC). At GNALC, Cecelia has led a number of computer training classes, and assisted the Financial Manager with accounts. She has been volunteering at the front reception desk for five years. She was chosen to be a member of the group that is setting up, implementing and will eventually train all staff and office volunteers in the new Customer Relations Management software that will automate our current manual system. She currently assists GNALC's Program Coordinator by producing the bi-monthly calendar that accompanies our newsletter.

Cecelia volunteers as a member of the Fundraising Committee, Fundraising Gala Dinner Committee and the Planned Giving Committee (presently Chair 2016-2018). Cecelia has a Bachelor of Arts Degree in History, and a Bachelor of Education Degree in Accounting and History from the University of Manitoba and a Business Teacher Education Diploma in Accounting from Red River College.

Terry Edgeworth graduated from Miles MacDonell Collegiate where he met his wife of soon to be 49 years, Diane Zuk. Following high school he attended the University of Manitoba graduating with a B. Commerce Hon. Degree majoring in Business Administration. He began his career working as a Systems Analyst for the University of Manitoba before moving to the Management Committee of Cabinet in the Provincial Civil Service. Over the ensuing years his career in the human resource management field continually expanded, culminating in his appointment as Assistant Deputy Minister, Manitoba Civil Service Commission. After 25 years with the Provincial Civil Service, Terry moved to the Workers Compensation Board heading up Corporate Services, having responsibility for the insurance and rate-setting model, corporate computer services, human resources, and corporate communications. He was subsequently promoted to Vice-President, Reengineering and Technology.

In terms of community and board experience, Terry coached Pop Warner Football for many years, was President of the Pop Warner Football Association, as well as a Board member of Football Manitoba. He served a term as National President of the Canadian Public Sector Human Resource Association; has been a board member of E-Quality Employment; the Manitoba Safety Council; and Chairman of the Board for

New Directions. Terry has been a member of Good Neighbours for over 10 years and currently is a committee member on the Silver Anniversary Committee and the Board Development Committee.

Respectfully Submitted,

Pat Cassie

Chair of the Board Development Committee

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PROGRAM COMMITTEE

Committee members: Jessica Veitch (Chair), Cliff Wood, Dave Dawes, Gloria Gorcie, Gladys Jenkinson, Jean Hansen, Leona Podolecki, Richard Sawchuk, Sonia Rogowski,

Over the past year, the fitness, creative expressions, music, and educational programming at Good Neighbours continued to attract new people to the centre. At the end of August, we held another well-attended open house. We highlighted 27 of our programs, which were offered for free to encourage participation. The event was an overall success, bringing in 39 new members to the centre. A further 16 new members joined the week following the open house, in addition to the 21 new members that joined during the advance registration period prior to the open house. A number of new programs have been implemented over the past year, including Writing Your Lift Story, Sing it Like You Mean It, as well as additional Yoga classes.

Many exciting presentations and workshops were enjoyed by our members. Some of these well-attended events were: Tombstone Tales, Downsizing & Decluttering, Indigenous World Views, Too Fit To Fracture,

Changes to Healthcare, Plant Based Eating, Let's Talk about MEN-tal Health, Winnipeg's Red Light District, Bird Talk, Urban Pole Walking, Art Workshops, Technology Workshops, and Meditation. Numerous outings were also enjoyed by our members. Some highlights include: Stars on Ice, Exchange District Walking Tours, Prairie Dog Central, Starlite Hutterite Colony, Folklorama, and Selkirk Roast Beef Fall Dinner.

In addition, a variety of special events were offered to our members. These events include: two Mixed Company Breakfasts, Afternoon Dances, spring and winter concerts by GNALC music groups, the Silver Anniversary Spring Fashion Show, Variety Show, and a number of movie afternoons.

A challenge that was faced this year was implementing new men's programs. A focus group was held in November to get insight and input on the types of men's programming to be offered at GNALC. Progress towards the desired programming has been slow, but efforts to implement the programming will continue. A further examination of other men's programming ideas is ongoing, with the goal of implementing a new program in the fall.

A number of strategies for the Strategic Plan initiative of Relevant Program Growth were undertaken this past year. A new partnership that has been formed over the past year is The Nosh & Know lunch and learn series. It was created in conjunction with the congregate meal programs operated by the River East Seniors Resource Finder. One of the major goals for this year was to increase program participation by 10%. We exceeded this goal- increasing participation by 18%.

Looking ahead, some future goals for programming are to offer more programming for men, continued education and social programming. A further goal is to sustain a diverse range of educational, technology

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and health-related presentations and workshops topics, to re-evaluate and maximize space within the Centre, and to continue to explore new opportunities for partnerships.

Respectfully Submitted,
Jessica Veitch

ACCREDITATION COMMITTEE

Committee Members: Ingrid Jarowec (chair), Bill de Jong, Jan Stuyck, Pat Cassie, Ron Wally, Susan Sader (staff)

Good Neighbours Active Living Centre received Accreditation Status with Imagine Canada in 2014. Seventy-three standards are required to be maintained in the categories of Board Governance, Financial Accountability and Transparency, Fundraising, Staff Management, and Volunteer Involvement. The Accreditation Committee reviews all policies and procedures (governance and operational), committee

terms of reference, position descriptions, etc., to ensure the standards are maintained. The Committee also prepares new policies as required. Once reviewed by the Committee, the governance policies are referred to the Board of Directors for approval. The Committee has just completed the annual compliance report for accreditation with Imagine Canada. The Committee met seven times during the past fiscal year.

The complete accreditation application process with Imagine Canada will again be undertaken in 2019.

I would like to take this opportunity to thank the members of the Committee for their hard work and look forward to working with them next year.

Respectfully submitted,
Ingrid Jarowec

VOLUNTEER ADVISORY COMMITTEE

Committee Members: Anne-Marie Dyck (Chair), Bea Letkeman, Bernice Honke, Julie Legault, Sheila de Jong, Kay Thomson

“The volunteer program exists to empower Good Neighbours Active Living Centre to achieve its mission statement efficiently and successfully, while providing meaningful ways for individuals to contribute to

society to their own unique way.” Volunteers play such an important role at Good Neighbours that the centre could not exist without them. The centre has 250 active volunteers involved in every aspect of the centre in over 30 different volunteer positions, contributing 19,066 hours from April 1, 2017 – March 31, 2018. In addition to Good Neighbours members, we have special needs volunteers referred by various organizations.

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The centre advertises volunteer positions on the Volunteer Manitoba website as well. A number of these volunteers are new immigrants to Canada who are looking to acquire experience in the work force and develop their English skills in order to search for employment in the future. We are very excited that we are continually attracting new volunteers. This past year 41 new energetic volunteers joined our ranks to help us to achieve our mission. We regret that some of our volunteers are no longer able to volunteer with us, due to illness and to changes in their life situations. We are so very thankful that they were able to contribute their time and talents.

The “Above and Beyond” Volunteer Awards were again presented at the 2018 Annual Fundraising Dinner. Members were encouraged to nominate volunteers who have made extraordinary contributions to Good Neighbours. The Volunteer Advisory selected two very deserving volunteers who have regularly given selflessly of their time, talent and energy to GNALC. These volunteers are Carol Fill and Jan Lipp.

One of our volunteers Pat Cassie received recognition at the Manitoba Council on Aging Recognition Awards.

“Dreams, Friendships, Memories” was the theme of Good Neighbours annual volunteer appreciation event on Wednesday, April 25. The students and staff from Kildonan East prepared the food. Elmwood High students and staff set up, served and helped clean up after the event, along with assistance from Good Neighbours staff. Excellent fiddling entertainment was provided by Nate and Louise Rattai from River East Collegiate. Good Neighbours President, Bill de Jong presented Good Neighbours volunteers with a plaque entitled “Our Volunteers” to commemorate 25 years of dedicated service provided by Good Neighbours volunteers. “The Good Neighbours Active Living Centre Award for Volunteer Service” will be presented to a deserving graduating student from Miles Macdonell Collegiate later in June. This award was established by the committee in lieu of gifts to individual volunteers.

Other volunteer appreciation events this past year included: A Stroll and Sundaes and Christmas Lunches. Heather Hiscock from Society for Manitobans with Disabilities facilitated two workshops to train our staff and volunteers on the Accessibility for Manitobans Act Standard on Customer Service.

One of our goals is to ensure that volunteers are satisfied and fulfilled in their volunteer positions. Of the volunteers that have responded so far, the annual Volunteer Satisfaction Survey indicates that 29% of Good Neighbours volunteers rate their volunteer experience in the “enjoy extremely” category and 63% in the “very much” category.

Special thanks to the members of the Volunteer Advisory Committee. Each member of the committee reports on their area of involvement, Bookstore, Hobnobs, Front Desk, Social Committee and Programs. They have their finger on the pulse of the organization and are very helpful in evaluating the volunteer program so that the volunteers can continue to serve the members of this community with excellence. It is such a privilege to work with such amazing volunteers. They truly care about the seniors in this community and regularly go above and beyond the call of duty.

GOOD NEIGHBOURS ACTIVE LIVING CENTRE INC.

Respectfully submitted,
Anne-Marie Dyck

OUTREACH/PUBLIC RELATIONS

Committee Members: Jessica Veitch (Chair), Diane Edgeworth, Kathi O'Shaughnessy, Sandra Bauldic, Shirley Godfrey, Warren Whittaker

The Outreach/Public Relations Committee continues to develop, implement, and evaluate strategies and initiatives to actively pursue new members. In addition, the committee keeps the membership and the community informed about the centre.

This year marks the third year of the "Be a Friend, Tell a Friend" referral program, and this initiative continues to grow. Members who refer a new member to the centre receive a \$5 gift certificate that can be used towards membership or registration fees, at Hobnobs, or at the bookstore. Through this program, 47 gift certificates were distributed this year.

Over 475 newsletters are distributed to 25 churches, 34 businesses, and two libraries in the area. An examination of widening the scope of distribution is ongoing. Posters with Good Neighbours information and events are updated on a monthly basis at McIvor Mall. Additionally, information about Good Neighbours, including newsletters and brochures, were distributed at the Wine Raffle and Grey Cup ticket sales venues between May and November.

Good Neighbours hosted two well-attended New Members parties in June and November. These parties give us the opportunity to formally welcome new members to the centre, provide them with information about programs, services, and opportunities for involvement, as well as meet other new members and Good Neighbours staff.

Good Neighbours had an information booth at the following events:

- May 17 - A&O Housing and Active Lifestyles Expo
- June 17 - Happy Days on Henderson
- October 5 - Kildonan Place Health Fair

The GNALC Team (GNALC, Healthy Aging Resource Team, River East Seniors Resource Finder) continued to offer outreach presentations to help increase awareness of the programs and services offered at the centre. We have presented at the following location:

- May 31- 404 Desalaberry Ave.

GOOD NEIGHBOURS ACTIVE LIVING CENTRE INC.

Public service announcements are used to convey information about upcoming special events, presentations, and workshops to a wider audience. The following list is used to send out public service announcements: CTV, Global, CJOB, CBC, Coffee News, CJNU (107.9), Senior Scope, Winnipeg Free Press, and Shaw. We are also increasingly using social media to help us promote our events to the community. Additionally, an ad was placed in The Herald and The Metro to promote our Open House.

Respectfully Submitted,
Jessica Veitch
Chair, Outreach/Public Relations Committee

OUTREACH IN ELMWOOD

The past year has been busy with many activities as Outreach Coordinator with Good Neighbours Active Living Centre. Various active living outings took place. Because of the van donated by Manitoba Public

Insurance, I was able to provide transportation for an outings to the St. Norbert Farmers Market, The Forks, Assiniboine Park Zoo, Christmas Teas at The Forks, Bird's Hill Park Beach and numerous shopping trips.

Per Capita Grants provided by the City of Winnipeg allowed for barbeques at Legion Gardens and the Christmas dinner at Kildonan Horizons. I am on three social committees in seniors' blocks along with the WRHA Community Facilitator and the Healthy Aging Resource Team. Through these social committees, many older adults participate in social events and activities

.
A Community Kitchen program is held at one of the seniors' blocks. Older adults participating in this program learn the importance of nutrition and enjoy healthy foods prepared by the nutrition students and seniors together. Recipes and literature on nutrition are distributed as well. Presentations and information sessions were also held at the senior's blocks, including a presentation on older adults and medications, falls prevention presentation, diabetes information session, heart health and dental health presentation.

Coffee and Conversation is another way I've reached out to older adults in the apartment blocks. The seniors enjoy the socialization, and I get to know them and identify needs they may have. I am also involved in walking groups with seniors, encouraging the importance of physical activity. Easter dinners, spring luncheons and various barbecues in the Elmwood area were also part of this past year's events.

Meetings are held on a regular basis with groups of older adults to discuss and plan events and propose ideas for the future. Surveys were prepared and distributed to our older adults to help in assessing the impact of the outreach program. Statistics are maintained and assessed on a regular basis.

Information is distributed to older adults on an ongoing basis (pamphlets on fraud awareness, smoking, diabetes, falls prevention, addiction, heart disease, etc). The Social Afternoon program every Thursday is an

GOOD NEIGHBOURS ACTIVE LIVING CENTRE INC.

ongoing success with older adults enjoying fellowship along with a great lunch. In December, participants from this program were treated to a Christmas Tea put on by Sobeys. Sobeys staff set the tables with china tea cups and plates, and beautiful china tea pots were used to serve tea and coffee. They also arranged for some fun entertainment. The seniors really enjoyed the afternoon.

I continue to partner with the Elmwood/East Kildonan Seniors Active Living Centre. This partnership has provided the opportunity to share costs for transportation to more events/outings

I look forward to reaching new older adults in the coming year and planning many exciting new activities and outings.

Respectfully submitted,
Julie Kertesz,
Outreach Coordinator

SUPPORTS TO SENIORS

Supports to Seniors remains committed to focusing on individual needs and advocating and/or assisting in any way we can. Elder abuse awareness/intervention, filling out government program forms, transportation and loneliness remain key topics we work with daily. The amazing network of agencies we have partnerships with, allows us to accomplish so much for our clients. The community is still missing some key care components, but a strong front line intervention system, like what Good Neighbours provides, goes a long way in closing those gaps.

We continue making simplified tools for tenants, like will making fact sheets, personal emergency response system worksheet, social isolation/loneliness brochures and more, based on the quick need to know the answers to questions clients ask. We continue to work with the social committees; a special task worked on by Megan was to negotiate more affordable liability insurance for the senior social clubs in apartments. With the help of Gregg's Insurance, we have been able to do this and are hopeful to achieve even more savings for them in the future. Also, our continued partnerships with Universities/Colleges provide us rewarding experiences and enhance our team with the many student practicum placements we get. Lastly, I must thank the volunteers we have in our blocks. Even the simplest task they do makes a major difference to us. Thank you to them.

Presentations and activities this last year;

Fun events: movie afternoons, crafting days and 6 week craft group, Christmas game and giveaway, Price is Right, Moga Punjab presentation w/food

Health awareness events: weekly exercise in 220 Oakland and 1100 Henderson Hwy, Pharmacy presentations

GOOD NEIGHBOURS ACTIVE LIVING CENTRE INC.

Well-being events: Faith study, Wills/POAs & HCD presentation, office drop-in days

Trips: McLeod tea house, Mennonite Heritage Village

Partnered events: Flu clinics- Ebling, Pharmacy- McIvor PharmaPlus, Be a Santa to a Senior (600+ gifts delivered!)- A & O, EIA, GN Board and Palliative MB, Rental Insurance- Gregg's Insurance (865 McGregor St.), volunteer tax programs- CFCS & Sandy Bauldic, Stocking Stuffer Christmas tea- United Way's Day of Caring (2 volunteers and funding), Great West Life (33 volunteers throughout the day, tons of gifts and goodies), Investors Group (goodie bags and dainties), Falls prevention day- HART, Lunch & Learn with Sobey's- Sobey's, Health care system/ERIK presentations- HART, RESRF, Mental Health Beach Party- ADAM

Respectfully Submitted,

Megan Wallace and Rachel Elias (in absentia)

Supports to Seniors Coordinators

HOME MAINTENANCE PROGRAM

The Home Maintenance Program is a city-wide program that assists people 55+ with various types of help around the home. Our service providers do a variety of work including handyman and yard work, housekeeping, meal preparation and much more. Through the program we also provide a registry to those over the age of 50 who are interested in being service providers. The Home Maintenance Program is fully funded by the Manitoba Seniors & Healthy Aging Secretariat and the PQR Fund (private donor).

The Home Maintenance Coordinator is responsible for doing interviews, reference and background checks to add individuals to our referral list. This year the Home Maintenance Coordinator attended numerous community fairs, the 55+ Housing Expo, and the 50 Plus Living Show, in addition to giving community presentations about the program.

The volunteers that work with the program are dedicated, hardworking women who do their best to help the clients needing assistance, and often go above and beyond their duties. They answer the calls received Mondays, Wednesdays and Fridays. Because of the high volume of calls this year we added a fifth volunteer to assist the increasing workload.

Over the past fiscal year, the Home Maintenance Program:

- Provided services to 271 clients
- Added 21 service providers to the registry
- Provided referrals to 579 individuals

A special thank you goes to Rachel Elias who has been the Home Maintenance Program Coordinator for six years. Rachel resigned from her position in April. She was a conscientious employee who did great work in

GOOD NEIGHBOURS ACTIVE LIVING CENTRE INC.

promoting this valuable program. Thank you also to the wonderful volunteers who support the program by connecting seniors to service providers and call back all the seniors who received referrals to ensure they were happy with the service they received.

Respectfully submitted,

Susan Sader

Executive Director

RIVER EAST SENIOR RESOURCE FINDER

The River East Senior Resource Finder Council is a non-profit, non-partisan organization that assists individuals aged 55 plus residing in East Kildonan, North Kildonan and Elmwood in maintaining/enhancing an independent lifestyle as much as possible. The River East Senior Resource Finder shares concerns, information and expertise to improve the understanding of issues affecting seniors in the community. Our goals include informing board members of needs and resources in the North East

Winnipeg area, to provide public information on available resources, identify gaps, and assist in coordinating appropriate responses.

The Council consists of our Resource Coordinator Shelley Hillis, and 12 senior serving organizations in this area as well as four community members. We work closely with Good Neighbors Active Living Centre and the Health Aging Resource Team. The board meets each month from September to June. We have guest speakers, usually every other month if possible, to keep us informed and current. The meetings are interesting, interactive, and well-attended. We very much appreciate Shelley Hillis, our Resource Coordinator, who brings warmth, dedication and enthusiasm to this very busy position. Shelley is responsible for the day to day running of all the programs that the council is involved with. These programs include the two congregate meal programs, Rides for Seniors, Emergency Response Information Kit or ERIK, as well as information and referral. The meal programs are held at 1100 and 1630 Henderson Highway, and provide home cooked meals three times a week at each location. Often this includes a Lunch and Learn or a games session which is greatly enjoyed.

Transportation remains one of the most requested services offered. We are most grateful to our 12 faithful, dedicated drivers, two of whom have been with us for 12 and 14 years. The Rides for Seniors program provides rides to medical appointments, banking, grocery shopping, or hospital visiting, Shelley books and coordinates the rides and the user pays individually. We also continue to offer shuttle service two times per month to the meal program at 1100 Henderson, picking up from designated apartment blocks.

I would like to express my sincere appreciation to the many, many volunteers who give so freely of their time to work at the meal programs, driving seniors to appointments, phoning, assembling ERIK kits and helping in the office. We could not run any of our programs without your continuous, cheerful help. Thank You! I would like to thank the council members for their input, dedication, and expertise. Our monthly meetings are

GOOD NEIGHBOURS ACTIVE LIVING CENTRE INC.

informative and lively. Last but certainly not least, thank you Shelley, for your leadership of this council, your professionalism and tact in handling delicate situations and for your warmth and friendliness in all your dealings with volunteers, council members, community seniors, and the many agencies you work with on our behalf. You are pleasure to work with and I look forward to working with you and the council in the coming year.

Executives for 2018-2019:

Noreen Kohlman- Chairperson - Donwood Manor

Maria Wasylkewycz – Vice Chair – A&O Support Services for Seniors

Karen Janzen - Secretary – Healthy Aging Resource Team

Susan Sader will continue to be the link between our council and the GNALC Board. She will also provide the RE-SERF operating financial reports.

Respectfully submitted,

Noreen Kohlman

PREVENT ELDER ABUSE MANITOBA

Prevent Elder Abuse Manitoba (PEAM) acts as a central point of contact in the province related to abuse of older adults. PEAM provides support to regions and communities throughout Manitoba by sharing knowledge, education and resources to support those who respond and are concerned about the issue. In March 2017 PEAM's role as a network was redefined as a program and a program description was approved and adopted to guide PEAM's work.

There are approximately 50 representatives from a number of organizations who support the work by attending PEAM, WEAAD, education and financial committee meetings. Since the fall of 2017 we have not continued with regular committee meetings recognizing that strong partnerships and engagement are based on more than regular meetings. We continue to evaluate how we might improve the engagement and contribution of a larger repertoire of members as defined in PEAM's program description.

World Elder Abuse Awareness Day (WEAAD) continues to be an important awareness opportunity across the province of Manitoba with 113 events planned in 29 towns and cities. This was an increase over last year's total of 89. Establishing www.weeadmanitoba.ca as a go to place for information and resources continues to be a key objective. Our focus on community development is a strategy that allows us to support the growing number of WEAAD events given our limited capacity. A move to have all Winnipeg event orders picked up rather than mailed was implemented, and this was a seamless transition that caused few concerns or complaints.

Credit unions across Manitoba continued to access the online course Financial Abuse of Older Adults: Recognize, Review and Respond. To date, 1700 employees from Manitoba and 3287 across Canada have taken the course since it was launched in November 2014. Monthly qualitative reports are still very positive

GOOD NEIGHBOURS ACTIVE LIVING CENTRE INC.

as learners report significant increase in their ability to spot abuse, understanding of their role in prevention as well as a better understanding of the community resources available to assist them in responding to situations of abuse.

We continued to use the marketing and communication tool that share the statistics reported to SHAS annually by organizations supporting the provincial elder abuse strategy. In an effort to manage our limited financial resources these will be updated every other year.

A stewardship strategy was deployed to thank and acknowledge the work of individuals and community members engaged in elder abuse prevention work by hosting and planning WEAAD events. Six committee members took responsibility for attending WEAAD events in person in Winnipeg. A thank you note and purple flower arrangements were delivered to those hosting events and pictures were taken and posted to Twitter using the #weaadmb. The gesture was again well received by those planning events and plans to continue this best practice to be expanded and coordinated with key elder abuse contacts in 2018.

PEAM educators continue to deliver one or more of the following presentations throughout the year:

- It's Not Right: Neighbours, Friends and Families for Older Adults
- Financial Protection for Older Adults

Presentations continue to be delivered and coordinated in partnership with the key elder abuse contact from each region. Two key presentations were held in Winnipeg this year. One at the ADVOCIS Conference where the presentation was provided followed by a panel discussion with perspective from A&O Support Services for Older Adults, St. Mary's Law and Winnipeg regional Health Authority. A second presentation was made at a lunch and learn to Manitoba Hydro employees.

Respectfully submitted,
Dara Maternick, Coordinator

GOOD NEIGHBOURS ACTIVE LIVING CENTRE DONORS

April 1, 2017 -
March 31, 2018

| | | |
|----------------------|-------------------------------|--------------------------|
| Advanced Dental Arts | Byers, Sheila | Ezinicki, Joan |
| Ancel, Barbara | Capar, Jean | Ezinicki, Ken |
| Andrich, Carolyn | Caseburg, Gerda | Faykes, Anne |
| Archer, Bev | Cassie, Pat | Fehr, Tyler |
| Archer, Dennis | Chipka, Gertie | Fenning, Alberta |
| Armstrong, Addy | Ciezynski, Liz | Field, Mary |
| Aubertin, Gwendolyn | Claeys, Danielle | Fisher, Kathryn |
| Bailey, Dorothy | Clark, Larry | Flight, Dorothy |
| Baker, Gerry | Clark, Sylvia | Fordyce, Christine |
| Bartlett, Judith | Claydon, Carol | Fotherington, Lorraine |
| Bartlett, Judith | Concordia Village | Free, Gloria |
| Bastl, Josephine | Conway, Beverley | Friends Funeral Home |
| Bastl, Josephine | Cook, Dorothy | Froese, Jake |
| Bastl, Judi | Cousineau, Delsie | Froese, Tina |
| Batt, Eileen | Cox, Cathy | Gardner, Vera |
| Beattie, Ness | Craig, Linda | Gauthier, Rolande |
| Beaudry, Jennifer | Credit Union Central of MB | Gelle, Madeleine |
| Bell, Barb | Dalke, Donna | Gemmell, Barb |
| Bell, Shawna | Dalky, Patricia | George, Stephanie |
| Bernadin, Maurice | de Jong, Bill | Gibson, Gladys |
| Bilous, Anita | de Jong, Sheila | Goetz, Anne |
| Bilous, Anita | Delaney, Gloria | Golletz, Jeannette |
| Blaikie, Daniel | Denesiuk, Valerie | Gorcie, Gloria |
| Blaine, Hilda | Derksen, Herta | Green Acres Funeral Home |
| Blakeman, Bernice | Derksen, James | Grywinski, Gail |
| Bone, June A. | Derksen, Shirley | Gurney, Marlien |
| Boreski, Marvin | Desjardins Financial Security | Hansen, Jean |
| Boroski, Heather | Doerksen, Frank | Harvey, Kay |
| Bowman, Marion | Douglas, Joanne | Hawkins, Brenda |
| Boyes, Jean | Dowhan, Josephine | Hayles, Hilary & John |
| Bradley, Duane | Dudek, Marilyn | Held, Julia |
| Brechka, Monica | Dueck, Juliana | Henderson, Peter |
| Browaty, Jeff | Dueck, Nettie | Hickman, Karen |
| Bucek, Magdalena | Eckert, Stuart | Hodgson, Vanessa |
| Budges, Debra | Edgeworth, Terry | Home Instead Senior Care |
| Budinski, Alyce | Edison Properties | Honke, Bernice |
| Burns, Carmilla | Entegra Credit Union | Hopper, Rosalie |
| Buschau, Marcia | Eustache, Lucille | Horton, Millie |
| Buschau, Marcia | Evanyshyn, Hope | Hrabluk, Victoria A. |

GOOD NEIGHBOURS ACTIVE LIVING CENTRE DONORS

April 1, 2017 -
March 31, 2018

| | | |
|---------------------|----------------------------|----------------------|
| Huff, Patrick | Lewkiw, Sandra | Murray, Audrey |
| Hunt, Mona | Ligget, Mary | Mussell, Judith |
| Hussey, Betty | Lipp, Jan | Naslund, Tina |
| Jarowec, Ingrid | Litwin, Frank | Nazaravich, Fran |
| Jeffrey, Betty | Litwin, Sandra | Nerman, Wendy |
| Jenkinson, Gladys | Longstaff, Marguerite | Neufeld, Deanna |
| Jentsch, Doug | Lopata, Teresa | Neufeld, Robert |
| John Fehr Insurance | Lopata, Vince | Neufeld, Shirley |
| Johnson, Patti | Luciw, Cathy | Neufeld, Theresa |
| Jone Arnason, Betty | Luebbert, Renate | Neumann, Krista |
| Jones, Bruce | Macdonald, Joan | Norquay, Marg |
| Jones, Doreen | MacKinnon, Ferne | Onishko, Doris |
| Kaktins, Ausma | Maclaren, Elizabeth | O'Shaughnessy, Kathi |
| Kaletzke, Rose | Malbrank, Joanne | Ott, Kathy |
| Keith, Blanche | Mandzyk, Agnes | Ott, Mavis |
| Kenyon, Bob | Margalius, Beverly | Paley, Sonja |
| Kenyon, Muriel | Marten, Liz | Paluch, Robert |
| King, Donald | Martens, Patricia | Parker, Erika |
| King, Douglas | Martin, Elizabeth | Patzer, Liz |
| King, Shirley | Martin, Janet | Patzer, Liz |
| Klassen, Florence | Matheson, Linda | Pauls, Angela |
| Kohli, Hubert | Mazur, Helen | Pawlik, Sylvia |
| Kopachena, Audrey | McCosh, Audrey | Peters, Anne |
| Korman, Richard | McDonald, Lillian | Peters, Ferdinand |
| Krahn, Jake | McDonald, Shirley | Peters, Peter |
| Krahn, Rita | McFarlane, Cath | Peters, Sarah |
| Krenz, Eleanor | McGifford, Arthur | Picur, Grace |
| Kroeker, Anita | McGillvray, Joanne | Picur, James |
| Kroeker, Gloria | McKay, Verna | Pihulak, Linda |
| Kupskay, Stephanie | McKenzie, Sandra | Pinchbeck, Janet |
| Kwiecien, Richard | McLeod Veterinary Hospital | Podolecki, Leona |
| Labine, Joseph | Mearon, Paul | Pomeransky, Deanna |
| Lafreniere, Joanne | Michalchuk, Pauline | Proctor, Myrna |
| Lang, Dorothy | Mills, Kim | Ptyashynski, Mary |
| Langner, Ed | Mirosh, Walter | Pyke, Albert |
| Langner, Melita | Mislawchuk, Leonard | Rafferty, Dorothy |
| Lay, Lorraine | Mislawchuk, Marianne | Rafferty, Jim |
| Lee, Patricia | Montgomery, Dave | Reid, Dorothy |
| Legault, Julie | Munroe, Angela | Reid, Nora |

GOOD NEIGHBOURS ACTIVE LIVING CENTRE DONORS

April 1, 2017 -
March 31, 2018

| | | |
|---|--|--|
| Reinisch, Shelagh Relpit, Carol Rerick, Lorraine Richard, Lewis Riedl, Anneliese River Ridge Retirement Residence Rotinsky, Jean Rudnicki, Jean Sader, Margaret Sader, Simone Sader, Susan Sangster, Margaret Sass, John Sawatzky, Ruby Sawchuk, Martha Sawchuk, Richard Schoen, Thomas Schram, Simon Schuk, Norma Scott, Beverley Scrapnek, Ed Sealey, Gavin | Sedo, Marianne Seligman, Doreen Sharples, Carol Shortridge, Heather Simcox, Judy Simpson, Don Sitar, Daniel Smedts, Elizabeth Smith, Gwen Smith, Judy Smyth, Joyce Snatenchuk, Kay Soble, Carol Stanley, Cecelia Stecy, Verna Stefanyshyn, Connie Stimpson, Dan Stimpson, Sharon Sturney, Albert Swerdelian, Lucille Thomson, Kay Tibelius, Klaus Tinkler, Edwin | Todd, Gay Trager, Tris Trowell, Evelyn Trumper, Shirley Trusted Care Inc. Turnbull, Ruth Typa, Joan & Eugene Unger, Barbara Veness, Alan Wagg, Brian Wagg, Bruce Wagg, Judy Watson, Dorothy Watson, Shirley Wazney, Marge Whiteside, Paula Whittaker, Kathleen Whittaker, Warren Wiseman, Carol Wright, Joy Yarish, Elsie Zachary, Maureen Zuzanski, Linda |
|---|--|--|

| Endowment Fund Donors | | |
|--|---|---|
| Anonymous (9) Aubertin, Gwendolyne Brown, Lauraine Chipka, Gertie Engstrom, Carol Friesen, Carolyn & Frank Good Neighbours Active Living Centre Howard, Fran Jacob, Violet & Robert Janzen, Cornelius & Linda Jarowec, Ingrid Jones, Katherine & Bruce | Kowalson, Carole Langner, Melita & Edward MacKinnon, Ferne Martin, Janet McGifford, Judy & Art Miller, Sheron Murray, Audrey Nazeravich, Frances Nerman, Wendy Onishko, Doris Panchuk, Patrick Penner, Brenda & Donald Pinchbeck, Janet | Pomeransky, Sam & Deanna Rafferty, Dorothy Robertson, Sandra & Lorne Sader, Susan Snatenchuk, Kaye Stromberg, Patricia & Robert Stroski, Mark Thompson, Kay Watkins, Elizabeth Woodrow, Bernice & Robert Wright, Joy Zacharias, Helen & John |

Addendum A

Governance Committees April 1, 2017 – March 31, 2018

Accreditation Committee

Ingrid Jarowec (Chair)

Pat Cassie
Bill de Jong
Jan Stuyck
Ron Wally
Susan Sader (Staff)

Board Development Committee

Pat Cassie (Chair)

Terry Edgeworth
Barb Gemmell
Jeannette Golletz
Julie Legault
Anne-Marie Dyck (Staff)

Human Resources Committee

Bill de Jong (Chair)

Sheila de Jong
Shirley Godfrey
Mona Hunt
Joyce McGee
Cathy Phillipson
Richard Sawchuk
Vanessa Hodgson (Staff)
Susan Sader (Staff)

Finance Committee

Jeannette Golletz (Chair)

Bill de Jong
Olga Hazelwood
Bruce Wagg
Ron Wally
Vanessa Hodgson (Staff)
Susan Sader (Staff)

Fundraising Committee

Sub-committee of Finance Committee

Ron Wally (Chair)

John Feldsted
Sheila de Jong
Mona Hunt
Don King
Dan Sitar
Cecelia Stanley
Bruce Wagg
Warren Whittaker

Planned Giving Committee

Sub-Committee of Fundraising Committee

Cecelia Stanley (Chair)

Jeannette Golletz
Ingrid Jarowec
Bruce Wagg
Ron Wally
Vanessa Hodgson (Staff)
Susan Sader (Staff)

Corporate Donations Committee

Sub-Committee of Fundraising Committee

Susan Sader (Chair)

John Feldsted
Dan Sitar
Ron Wally

Operational Committees
April 1, 2017 – March 31, 2018

Fundraising Dinner Committee

Sheila de Jong (Co-Chair)

Mona Hunt (Co-Chair)

Don King

Teresa Lopata

Cecelia Stanley

Kay Thomson

Bruce Wagg

Ron Wally

Susan Sader (Staff)

Risk Management Committee

Susan Sader (Staff & Chair)

Anne-Marie Dyck (Staff)

Shelley Hillis (Staff)

Vanessa Hodgson (Staff)

Ingrid Jarowec

Julie Kertesz (Staff)

Jessica Veitch (Staff)

Megan Wallace (Staff)

Outreach/Public Relations Committee

Jessica Veitch (Staff & Chair)

Sandra Bauldic

Diane Edgeworth

Shirley Godfrey

Kathi O'Shaughnessy

Warren Whittaker

Silver Anniversary Committee (Ad Hoc)

Kay Thomson (Chair)

Pat Cassie

Pat Desjarlais

Terry Edgeworth

John Feldsted

Kathi O'Shaughnessy

Linda Tod

Susan Sader (Staff)

Program Committee

Jessica Veitch (Staff & Chair)

David Dawes

Gloria Gorcie

Jean Hansen

Gladys Jenkinson

Leona Podolecki

Sonia Rogowski

Richard Sawchuk

Volunteer Advisory Committee

Anne-Marie Dyck (Staff & Chair)

Sheila de Jong

Bernice Honke

Bea Latkeman

Julie Legault

Kay Thomson

Addendum B - Operating Budget - 2018/19

| REVENUES | | Y/E 2018 | Budget 2017/18 | Budget 2018/19 |
|-----------------|---|-------------------|-------------------|-------------------|
| Grants | | | | |
| | WRHA Grant | \$ 50,136 | \$ 50,136 | \$ 50,136 |
| | Career Start | \$ 5,156 | \$ 5,500 | \$ 5,427 |
| | Miscellaneous Grants | \$ 9,193 | \$ 6,009 | \$ 5,000 |
| | | \$ 31,683 | | |
| | Individual Donations | \$ 21,008 | \$ 17,000 | \$ 22,000 |
| | Corporate/Foundation Donations | \$ 10,675 | \$ 18,000 | \$ 18,000 |
| | Activity Program Revenue | \$ 177,702 | \$ 135,000 | \$ 175,000 |
| | Membership | \$ 38,675 | \$ 35,500 | \$ 39,000 |
| | Fundraising | \$ 47,632 | \$ 46,500 | \$ 52,000 |
| | Book store | \$ 8,967 | \$ 7,500 | \$ 9,000 |
| | Hobnobs | \$ 48,522 | \$ 50,000 | \$ 50,000 |
| | Interest Income | \$ 2,355 | \$ 2,400 | \$ 2,400 |
| | Advertising - Newsletter Revenue | \$ 7,725 | \$ 8,000 | \$ 9,000 |
| | Other | \$ 7,429 | | |
| | Rental Income | \$ 4,650 | \$ 4,000 | \$ 4,650 |
| | Catering | \$ 2,200 | \$ - | \$ 2,500 |
| | Misc.(Misc, phtcpy, admin srv.s, discnts, overgs) | \$ 579 | \$ 2,000 | \$ 600 |
| | Administration Revenue Incl. Projects | \$ 29,636 | \$ 33,000 | \$ 30,000 |
| Total | | \$ 464,811 | \$ 420,545 | \$ 474,713 |
| EXPENSES | | | | |
| | Advertising and Promotion | \$ 11,991 | \$ 7,535 | \$ 11,000 |
| | Amortization | \$ 4,414 | \$ 5,000 | \$ 5,000 |
| | Facility expense | \$ 2,277 | \$ 2,500 | \$ 2,500 |
| | Professional Membership Fees | \$ 1,800 | \$ 900 | \$ 1,800 |
| | Hobnobs Supplies | \$ 24,803 | \$ 27,500 | \$ 30,000 |
| | Fundraising | \$ 25,629 | \$ 26,500 | \$ 28,000 |
| | GST Expense | \$ 2,143 | \$ 2,500 | \$ 2,500 |
| | Insurance | \$ 3,182 | | |
| | Insurance | \$ 1,487 | \$ 1,500 | \$ 1,500 |
| | Liability Insurance | \$ 1,695 | \$ 1,700 | \$ 1,700 |
| | Interest and Service Charges | \$ 1,686 | \$ 2,000 | \$ 1,200 |
| | Miscellaneous (include meeting exp. | \$ 2,180 | | |
| | Misc. (Misc, mtg exp, | \$ 1,773 | \$ 960 | \$ 2,500 |
| | Catering | \$ 407 | \$ - | \$ 500 |
| | Office and Sundry | \$ 22,097 | | |
| | Office Supplies | \$ 9,855 | \$ 9,500 | \$ 9,000 |
| | Postage | \$ 5,617 | \$ 4,800 | \$ 5,000 |
| | Photocopies | \$ 6,251 | \$ 5,500 | \$ 7,000 |
| | Meeting Expense | \$ 374 | \$ 400 | \$ 400 |
| | Professional Fees | \$ 4,248 | \$ 4,500 | \$ 10,000 |
| | Activity Programs (Inc. instructor fees and program supplies) | \$ 114,664 | \$ 95,000 | \$ 115,000 |
| | Staff Development | \$ 1,706 | \$ 2,500 | \$ 2,000 |
| | Telephone & Internet | \$ 9,315 | | |
| | Telephone | \$ 4,762 | \$ 4,700 | \$ 4,700 |
| | Computer & Network | \$ 4,553 | \$ 4,000 | \$ 14,666 |
| | The Winnipeg Foundation | \$ 660 | \$ 150 | \$ 2,000 |
| | Travel and Mileage | \$ 414 | \$ 500 | \$ 500 |
| | Van Expenses | \$ - | \$ 3,000 | \$ 1,000 |
| | Volunteer Program | \$ 4,781 | \$ 5,500 | \$ 5,000 |
| | Wages and Employee Benefits | \$ 199,551 | | |
| | Salaries & Benefits | \$ 193,596 | \$ 188,600 | \$ 201,510 |
| | Career Start | \$ 5,955 | \$ 6,300 | \$ 6,737 |
| | Reserve | | \$ 7,000 | \$ 2,000 |
| TOTAL | | \$ 437,541 | \$ 420,545 | \$ 474,713 |
| | Surplus/Deficit | \$ 27,270 | \$ - | \$ - |